My name is Katharine Duffy Thomas and I am a Spiritual Director. I will be available for in person conversations at St. Timothy’s Episcopal Church and for zoom meetings.  AsasAs As

As a Spiritual Director, I am a partner on a path, a companion on your journey through your soul, your unconscious, your heart, however you see it.  Through what Quaker writer Douglas Steere called "Holy listening - to listen another's soul into life" and a box load of tools and resources, I travel with you to where you need to be at the pace at which you can go. I am also a traveler, and my road may be very different from yours. And that's wonderful, because, really, this is YOUR WORK.

My background is mainly Christian, although I came from a non-religious family. I am now an Episcopalian, and I am interested in spiritual ideas of many faiths and religions, as well as secular humanitarians.  I am not a clergy person or a counselor. I am versed in spiritual listening, with certifications through Haden Institute, and practice through Courage to Lead and Listening Hearts Ministries. I am trained in Godly Play, a learner-centered faith education model, and certified as a Family and Youth Formation Leader through Forma, the Episcopal Formation Organization. I have been a public school teacher and am interested in learning styles and moral and educational development.

Most of all, I am a story listener and a storyteller. Stories are everywhere and we are all better if we hear them and share them.

Please reach out to me through my web <https://kduffythom.wixsite.com/sd-kdt> or call me at 803-429-8258.